

Aloha Lani Gym Rules

1. The gym may be used between the hours of 6:00 a.m. and 10:00 p.m., daily.
2. Maximum Capacity is three (3) persons.
3. Use of the gym is limited to registered residents and their guests. A registered resident must accompany all guests. (Only one (1) guest per apartment is allowed.)
4. All policies shall be age-neutral and applied to all persons equally.
5. All persons using the gym facility and equipment shall do so at their own risk. The Association of Apartment Owners of Aloha Lani shall not be held liable and/or responsible for any injuries sustained during the use of the facility and/or equipment, and/or for any property lost or stolen. All gym patrons and users shall sign a waiver of liability form releasing the Association from any liability prior to using the gym.
6. Registered residents must ensure that their family members and guests who use the gym are able to safely and responsibly use the amenities and equipment located therein. In particular, children under the age of twelve (12) should be accompanied by an adult or someone who can ensure their safety when using the amenities and equipment, unless the child's parent or guardian determines that the child can use the amenities and equipment safely.
7. Gym usage is on a first come, first served basis. No reservations are required.
8. Proper fitness attire is required. Shirts and sports shoes must be worn at all times when using the gym. No boots, street shoes, sandals, or bare feet are allowed.
9. Consult a physician before beginning an exercise program.
10. Any misuse of gym equipment must be reported to Security and any violation of these rules may result in a fine, etc., in accordance with Article V, Section 8 of the By-Laws.
11. All equipment must be wiped down after each use. Sanitizing wipes are available on shelf for cleaning of equipment.

12. Please bring your own towel for personal use.
13. Use facilities and equipment at your own risk.
14. Use equipment properly and follow directions carefully.
15. Please return all equipment to its place and wipe down machines after use. Do not rearrange gym equipment or alter equipment in any way.
16. Report any damaged equipment to the management immediately. **DO NOT USE DAMAGED EQUIPMENT.**
17. Removal of any gym equipment is prohibited.
18. No one may store or place any personal equipment in the gym.
19. Please be watchful of your belongings. The Association shall not be responsible for lost or stolen items.
20. Food, drinks, and glass containers are prohibited in the gym. Only water in non-breakable containers is permitted in the gym.
21. Earphones/headsets are required while listening to music and audio and while using cell phones.
22. The air conditioner must be turned off when the gym is not in use. Gym users shall ensure that if they are the last to leave, they turn off the air conditioner.

Eff.: 1/1/2024